



## Align Healthcare

Covid-19 Policy – Clients/Patients (last updated 16/08/21)

### Company Obligations

We will keep all Align therapists updated on actions being taken to reduce risks of exposure in the clinic. Your therapist will then pass this on to you.

### Health & Safety

Everyone in the centre should practice good hygiene (including government guidelines) by:

- Regularly cleaning hands with soap and water (minimum 20 seconds) as well as using alcohol-based hand gel on arriving and leaving the clinic.
- Toilet facilities will be limited for now. If you must use our facilities, please advise us so that we can disinfect all surfaces.
- Please do not attend the clinic if you are feeling unwell, have a temperature, a new persistent cough, severe fatigue, chest tightness, loss of taste/smell or any associated covid-19 symptoms, please rearrange the appointment for a later date. Your therapist will triage you 24 hours before your appointment.
- After 19<sup>th</sup> July 2021, we still require clients/patients wear their own face covering upon entering/leaving the clinic and throughout their session, as per the guidance for all healthcare settings. Your therapist may still be wearing other PPE also.
- If a tissue is used, please dispose of it immediately and wash your hands/use hand gel.
- The waiting area is open – please maintain social distancing and wear your mask whilst in communal areas. Your therapist must open and close all internal doors. Please use the hand sanitiser next to the front door.

We all share the responsibility for this and request that you follow both our procedures and our therapist's procedures.

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[www.alignhealthcare.co.uk](http://www.alignhealthcare.co.uk)