



## **Align Healthcare**

### **Covid-19 Policy – Clients (last updated 01/10/20)**

#### **Company Obligations**

We will keep all Align therapists updated on actions being taken to reduce risks of exposure in the clinic. Your therapist will then pass this on to you.

#### **Health & Safety**

Everyone in the centre should practice good hygiene (including government guidelines) by:

- Regularly cleaning hands with soap and water (minimum 20 seconds) as well as using alcohol-based hand gel on arriving and leaving the clinic.
- Toilet facilities will be limited for now. If you must use our facilities, please advise us so that we can disinfect all surfaces.
- Please do not attend the clinic if you are feeling unwell, have a temperature, a new persistent cough, severe fatigue, chest tightness, loss of taste/smell or any associated covid-19 symptoms, please rearrange the appointment for a later date. Your therapist will triage you 24 hours before your appointment.
- Clients are asked to wear their own face covering upon entering/leaving the clinic and throughout their session. Your therapist may be wearing other PPE also. If a tissue is used, please dispose of it immediately and wash your hands/use hand gel.
- Please wait in your car, or outside the clinic with a 2m gap until your appointment time as the waiting area is closed until further notice. Your therapist will let you know when they are ready to see you. Your therapist must open and close all external and internal doors. When greeted by your Therapist, they will offer you some hand gel before entering the premises.

We all share the responsibility for this and request that you follow both our procedures and our therapist's procedures.

Align Healthcare Ltd  
149 Town Street, Horsforth, Leeds, LS18 5BL

[www.alignhealthcare.co.uk](http://www.alignhealthcare.co.uk)